

Roll No.

Exam Code : J-21

Subject Code—53517

M. A. EXAMINATION

(Reappear) (Batch 2017)

(Fourth Semester)

PSYCHOLOGY

Paper IV

Principles and Applications of Counselling

Time : 3 Hours

Maximum Marks : 80

Note : Attempt *Five* questions in all. Q. No. **1** is compulsory. All questions carry equal marks.

(Compulsory Question)

1. (a) Skills of Counselling.
- (b) Define directive approach of counselling.
- (c) Define transactional analysis.
- (d) Goals of counselling.

- (e) Need of assessment in counselling.
- (f) Write about counselling in school in brief.
- (g) Write about defense mechanism in brief.
- (h) Write about principles of counselling.

8×2=16

Unit I

- 2. Define Counselling. Explain needs and principles of counselling. **16**
- 3. Write down the counselling process in detail. **16**

Unit II

- 4. Explain counselling techniques in detail. **16**
- 5. Define Assessment in counselling and write about the type of assessment. **16**

Unit III

- 6. Explain Humanistic therapy in detail. **16**

- 7. Show familiarity with Rational Emotive Behaviour Therapy.

Unit IV

- 8. Explain counselling for special population.
- 9. Explain ethical and legal issues in counselling practice.